

# ASSUMPTION CULTURAL CENTER

# Spring/Summer '24



(586) 779-6111 | 21800 Marter Road | St. Clair Shores, MI | 48080 | [www.assumptionculturalcenter.org](http://www.assumptionculturalcenter.org)

## SPRING CULTURAL SERIES

### HELLENIC CUISINE

#### Greek Butter Cookie Class

Koulourakia: Learn how to make a favorite Greek cookie. Make and bake on site!

Instructor Tina Varlamos

**Monday, March 11, 6pm**

**Fee: \$20**

#### SISTERS PERFORM CLASSICS IN THIS "DON'T MISS" PIANO RECITAL!

Enjoy a four hands piano performance by the Sisters Stojanovska! The concert will include diverse music selections by: Kapustin, Liszt, Dvorzak, Khachaturian and Colin Payne. The program illustrates dynamic, passionate, and melancholic sounds from these Slavic composers as well as unique new sounds by an American-born living composer.

Marina Stojanovska has a doctorate degree from Michigan State University and is currently on faculty at Oakland University. Natasha Stojanovska has a doctorate degree from Northwestern University and is on faculty at the University of New Mexico. This is one performance you don't want to miss!

**Thursday, April 4, 7pm**

**Fee: \$20**

*Assumption looks forward to hosting these events and extends a warm welcome!*

**Call Center office for reservations: (586) 779-6111**

## Grosse Pointe North Concert

### Annual Grosse Pointe North High School's GREAT WORKS CONCERT

This annual concert lifts spirits as voices soar in a magnificent setting.

Director: Peyton Weil

**Thursday, March 14, 7pm at Assumption**

### AMERICAN RED CROSS BLOOD DRIVE

**Friday, March 29 • 10am - 4pm**

For an appointment, call (586) 634-0228

ADMIT ONE  
**FREE**

**GREEKFEST 2024 ASSUMPTION FESTIVAL**  
ADMISSION \$3 WITHOUT COUPON  
CHILDREN UNDER 12 FREE

**August 15, 16, 17 & 18**

## MARCHIORI CATERING AT ASSUMPTION

**Celebrating 73 years and four generations of distinction in food and outstanding service make Marchiori the caterer of choice. In partnership with Assumption for more than 30 years.**

**Enjoy a complete Wedding Experience in spacious ballroom, grand reception area and elegant courtyard.**

**Prestige and personalized service set the tone for conferences, business meetings and organization gatherings. Many rooms available to accommodate large and small groups and a variety of special events.**

Off premise catered events offered. Destination weddings and special events. Visit Marchiori Catering at the Assumption Cultural Center.

Visit Marchiori Catering at the Assumption Cultural Center.

**Open to the entire community!**

Call (586) 771-8600 or visit [www.marchioricatering.com](http://www.marchioricatering.com)

### CARRY-OUT MENUS

Check out our Daily Carry-Out Trays and Menu online at [www.marchioricatering.com](http://www.marchioricatering.com). To place an order, call (586) 771-8600

### LENTEN SEAFOOD BUFFET

**Fridays, 5-8 p.m.**

**Feb 23; March 1, 8, 15, 22 & 29**

*Dates subject to change. Call ahead to confirm.*

### MOTHER'S DAY GOURMET BRUNCH

**Sunday, May 12 - Call for details.**

### SOUPS TO GO!

Freshly prepared soups, sauces and specialty foods - To Go!



Affordable, Proven and Fun! Approved by physiologists and physicians as safe and effective, KALOSOMATICS® is a compilation of words meaning, "a state of well being through body movement." Tailored to all ages and skill levels and guided by certified instructors. KALOSOMATICS® employs traditional Yoga and Pilates-like mat work. Emphasis on cardiovascular development. Run, Walk, Stretch, Step, Kickbox, Circuit Training.

**REGISTER FOR CLASSES ONLINE AT [www.assumptionculturalcenter.org](http://www.assumptionculturalcenter.org), stop by the office to sign up ahead of time or sign up on-site on your first day of class.**

**FLEXIBLE SCHEDULE:** Alternate class days and times to fit your personal schedule.

**REASONABLE PRICES:** Only \$4 per class, or \$3 for seniors, *when you register for the entire session.* Drop-in fee: \$5 per class for all ages.

**SPRING SESSION (9 weeks)**

April 8 - June 7 No class May 27; no 7-8pm class on Thursday, August 8)

\$72 - Two classes per week

\$108 - Three classes per week

Senior Rate (60 and over):

\$54 - Two classes per week

\$81 - Three classes per week

**SUMMER SESSION (8 weeks)**

June 17 - August 8 (No class July 4)

*No Friday classes in summer*

\$64 - Two classes per week

\$96 - Three classes per week

Senior Rate (60 and over):

\$48 - Two classes per week

\$72 - Three classes per week

**WOMEN'S KALOSOMATICS\***

Mat work followed by cardio: Aerobics, calisthenics, step, kickboxing, circuit and strength training, dance, yoga. Sign up for 2-5 classes per week and attend whichever classes fit your schedule each week. Available on Zoom.

Spring Session: Mon/Tues/Wed/Thurs/Fri, 9:15-10:15am

Summer Session: Mon/Tues/Wed/Thurs, 9-10am

**CO-ED KALOSOMATICS\* INTERVAL & CROSS TRAINING**

Mat work followed by Interval and Cross Training. Bursts of high-intensity cardio alternating with lower intensity cardio moves and upper and lower body strength training. High-intensity moves may be modified for those desiring a less strenuous workout. Tues/Thurs, 7-8pm

**CO-ED KALO MODERATION/STRETCH & STROLL CHAIR AEROBICS**

Less strenuous form with chair exercises and hand weights, followed by low impact cardio that includes walking and standing moves. Spring Session: Tues/Thurs, 10:30-11:30am Summer Session: Tues/Thurs, 10:15-11:15am

*KALOSOMATICS Exercise classes may be attended in-person or via Zoom (or a combination of the two.) To attend Zoom classes, an email address must be provided when you register.*

**PICKLEBALL AT ASSUMPTION**

**To register for pickleball programs, call Peggy Murphy Kurza at (586) 779-6111. NO ONLINE REGISTRATION FOR PICKLEBALL. *No credits or refunds for missed days.***

**NEW! EARLY BIRD PICKLEBALL!**

Are you and your friends early birds? We now have pickleball starting at 7am, Monday through Friday. Call Peggy at (586) 779-6111 to reserve a court.

**GROUP PICKLEBALL PLAY**

Looking to play with others at your skill level? Beginners, Advanced Beginners and Intermediate groups are available weekly. Call Peggy to be placed into a group. Groups meet Monday through Friday, at various times.

April 1-May 10 (6 weeks)

1 day per week: \$42

2 days per week \$84

**BEGINNER PICKLEBALL LESSONS (6 weeks)**

- Learn the basic fundamentals associated with the game
- Learn the rules, lingo, proper serving and how to score
- Instructor leads with "drill of the day," then games are played for the duration of time.

Paddles are available to use during lessons. Clinics are taught by Peggy Murphy Kurza, certified PPR instructor, and Mike Patton, 5.0 player.

Mondays, April 1-May 6, 3-4:30pm

Wednesdays, April 3-May 8, 3-4:30pm

Fee per 6-week session: \$60

**INTRO TO PICKLEBALL CLINIC**

Can't commit to 6 weeks? This accelerated 2-week clinic will teach you the rules, how to effectively hit the ball and keep score. At the end of this clinic, players will have enough knowledge and skills to start playing pickleball. Paddles are available to use during the clinic.

Clinics are taught by Peggy Murphy Kurza, certified PPR instructor, and Mike Patton, 5.0 player. Must be able to attend both days.

Friday, April 5 & 12

12:45-2:15pm

Fee: \$40

**NEW! TAKE YOUR GAME TO THE NEXT LEVEL!**

Need practice on certain shots? Cross-court dinking? Third shot drop? We now have a pickleball machine that can help you develop better muscle memory for shot placement and control of the ball.

Register for a 30-minute session with either Peggy Murphy Kurza, PPR certified instructor, or Mike Patton, 5.0 player. Call Peggy to schedule.

Fee: \$20

**SMALL GROUP PICKLEBALL LESSONS**

A great way to learn the game or improve a particular skill you're struggling with. Days and times vary. Call Peggy to schedule.

Instructors: Peggy Murphy Kurza, PPR certified instructor, or Mike Patton, 5.0 player  
\$30 per player for 3-5 players, 90 minutes  
\$40 per player for 1-2 players, 60 minutes

**COURT RENTALS:** Reserve a court and bring your own players. Court rentals are 2 hours in length. Fee: \$40 per 2-hour session. Call (586) 779-6111

## YOGA

### GENTLE MAT YOGA

A gentle, guided practice for both beginning and experienced yogis. Bring a yoga mat, wear comfortable clothing. **NO SENIOR DISCOUNT.** Mondays & Thursdays, 11:30am-12:30pm Assumption Center

#### SPRING SESSION (9 weeks):

April 8 - June 6 (No class Monday, May 27)  
Fee: \$56 for Mondays only; \$63 for Thursdays only; \$119 for Mondays & Thursdays

#### SUMMER SESSION (7 weeks):

June 17 - August 8 (No class July 1 & 4)  
Fee: \$49 for Mondays or Thursdays; \$98 for Mondays & Thursdays

### YIN YOGA

The YIN postures gently stretch and rehabilitate the connective tissues that form our joints. When you finish this practice you will feel as though you just had a deep tissue massage! All levels, no experience needed. Bring a mat and wear comfortable clothing. **NO SENIOR DISCOUNT.**

Tuesdays, 6:30-7:30pm

Assumption Center

#### SPRING SESSION (9 weeks):

April 9 - June 4  
Fee: \$63

#### SUMMER SESSION (7 weeks):

June 18 - August 6  
(No class July 16)

## TAE KWON DO

### TAE KWON DO KARATE

Gus Panagos and Bob Henry lead with outstanding years of experience in martial arts. Learn the philosophy, discipline and techniques of this traditional form of Karate. Improve your health, mind and spirit. For men and women. Fully accredited from white belt to black belt.

Thursdays, 7-8pm

**Session I:** May - June

**Session II:** July - August

### YOUNG DRAGONS

#### TAE KWON DO

Teaches fundamentals and practical exercises for ages 4 to 10. Designed for all levels of abilities with emphasis on Courtesy, Integrity, Perseverance, Self-Control and Indomitable Spirit. One of the most popular classes for kids. Uniforms available through instructors. Saturdays, 10-11am

**Session I:** May - June

**Session II:** July - August

**For more information on Tae Kwon Do classes, contact Bob Henry at [bobahenry@yahoo.com](mailto:bobahenry@yahoo.com) or call (586) 930-5888. Classes held two blocks north at Assumption School gym.**

### TRAVEL NIGHT

Learn more about our trips

**April 24, 7pm**

**Assumption Center**

## TRAVEL WITH ASSUMPTION

### MONTREAL & QUEBEC CITY, CANADA

Visit the exquisite French-Canadian Province of Quebec, an area steeped in European culture and proud of its French, British and Native American heritage! Tour Montreal, including the Place Ville-Marie, a famous downtown skyscraper, and the Notre-Dame Cathedral in Old Montreal. Shop in Montreal's Underground, visit the Montreal Casino and St. Joseph's Oratory/Shrine. See the Shrine of Ste-Anne de Beaupre and the 275-foot Montmorency Falls that drops into the St. Lawrence River. Visit the Albert Gilles Copper Art Museum, enjoy a guided tour of Quebec City. Six nights lodging, including 6 breakfasts and 4 dinners. Includes luggage handling, all taxes and meal gratuities and a souvenir gift. Motorcoach transportation. A passport is required. May 18 - 24, 2024 / \$1,289 per person, double occupancy / \$1,708 per person, single occupancy

### GREECE, MYKONOS, PAROS AND SANTORINI

Arrive in Athens, spending two nights at the Royal Olympic 5-star hotel! Includes a private Athens tour with visits to the Acropolis and Acropolis Museum, and Cape Sounion, including lunch by the sea. Private five-day Classical Tour of Greece, including Nafplion, Olympia, Delphi and Kalambaka. Return to Athens and a private transfer to Piraeus Port to catch a Fast Ferry to Mykonos for 2 nights. Travel via Fast Ferry to Paros for 2 nights, then on to Santorini for another 2 nights! Thirteen nights lodging at 4- and 5-star hotels, including buffet breakfast daily and lunch in Athens. Deluxe air-conditioned buses for all tours. A passport is required. September 10-24, 2024 / \$5,298 per person

*For information & reservations for trips, contact Trip Leader Julie Granger at (313) 770-6047, or call Assumption Center at (586) 779-6111*

### Assumption Activities Spring/Summer 2024

#### Chairpersons:

Tony Lipinski  
Roula Tsapraillis

#### Advisory Committee:

Roula Lipinski / John Mitropetros  
Patty Vasilos / George Verras  
Joan De Ronne

## SELF-IMPROVEMENT

### LEARN FRENCH

The Alliance Francaise de Grosse Pointe offers French lessons for adults in three 10-week sessions at Assumption Cultural Center (Fall Winter and Spring classes.) Choose from small, in-person classes to fit your needs.

**Session III:** April 4-June 6

All classes meet on Thursdays

Fee: \$130

Students must be members in good standing of the AF Grosse Pointe. (Annual membership rate of \$35 for students applies.)

**BEGINNER FRENCH:** 7-8:30 pm, with Dr. Dib Saab

**INTERMEDIATE FRENCH:** 5:30-7pm, with Dr. Dib Saab

**ADVANCED FRENCH:** 5:30-7pm, with Mme. ElHage

**For more information, visit [www.afdegrossepointe.org](http://www.afdegrossepointe.org) or email us at [AFGPeducation@gmail.com](mailto:AFGPeducation@gmail.com)**

## HELLENIC CULTURE

### Assumption Gift Shop & Book Store

Books, Icons, Hellenic cookbooks, many unique gift items from Greece. Call office for hours.

### ADULT CONVERSATIONAL GREEK LANGUAGE

Learn the language of the the basis of Western Culture.

An excellent foundation for all language study.

#### Beginners & Teens:

Mondays, 7-8pm

Class begins on March 18 (10 weeks)

Fee: \$75 (includes books.)

Call (586) 779-6111

**Intermediate and Advanced Beginners classes resume in Fall 2024**

# NURSERY SCHOOL & TODDLER CENTER



**Spring Auction  
Denim & Diamonds  
Auction Gala!**  
Friday, May 10th, 6pm  
Hors D'Oeuvres,  
Open Bar, Auction Items,  
Raffles and More!

22150 Marter Road | St. Clair Shores MI | 48080 | [www.assumptionnursery.org](http://www.assumptionnursery.org) | (586) 772-4477 | [j.gerardi@assumptionnursery.org](mailto:j.gerardi@assumptionnursery.org)

## 2024 SUMMER CAMP *Camp Imagination*

Get ready to engage in activities that inspire creativity!

Enroll for the entire 10-week program or choose one session.

Session I: June 10 - July 12

Session II: July 15 - August 16

Community registration begins

March 11, 2024

### EARLY CHILDHOOD CAMP

(Ages 1-6)

Daily art, music, science, language arts, sports, creative movement, assemblies, guest speakers and more!

### YOUTH CAMP (Ages 7-10)

Weekly themes: Artistic Expression; Awesome Inventions; Imagination Theater; Let's Get Physical; Figure it Out; The Great Outdoors; and Lost in Space.

Highlights: Sports clinics, Expert-led STEM experiences, Pottery workshop, Professional art instruction, Nature Photography and Gardening, and Live Animal Experience.

## A LIFETIME OF LEARNING BEGINS AT ASSUMPTION!

**Register NOW for the 2024/2025 School Year**

*Limited Space is Available! Registration began January 27, 2024*

**2024 Fall Session begins Tuesday, September 3**

*Dedicated to each child as a total individual socially, emotionally, physically and cognitively in a secure and caring school environment.*

### Class Offerings:

Toddlers: 1 to 2 1/2 years | Transition & Young Threes: 2 1/2 to 3 years  
Preschool: 3 and 4 years | Young Fives

### Program Offerings:

Full or half days, minimum of 2 days per week for toddlers and preschoolers, 3 days a week for Young 5s.

**Open year-round | Hours: 7 a.m. - 5:30 p.m.**

Preschool Enrichment Classes

### Developmentally Appropriate Campus:

Recipient of Governor's Quality Care Award / Qualified, caring teachers  
Curriculum based on Michigan Early Childhood Standards of Quality for Preschool and Toddlers / Learning centers / Thematic units / Cultural exploration / Nature trail / Secure Playgrounds / Outdoor classrooms / Family Fellowship Events / Creative experiences  
Print-rich literacy activities / Physical education in school-sized gym / Foster peer social skills  
Child-directed learning / 12 self-contained classrooms, plus 2 Assumption Center Annex classrooms / Newly renovated, secure & individual rooms / Individual room HVAC units

### Enrichment Classes:

Science, Art, Cooking, Yoga and Creative Movement

**14th Annual**

# GIANT GARAGE SALE

FRIDAY, June 14  
SATURDAY, June 15  
9 a.m. - 3 p.m. both days

**DON'T MISS THIS OPPORTUNITY  
TO SHOP GREAT BARGAINS!**

## GREEKFEST 2024

**ENJOY THE POPULAR GREEK FOOD YOU'VE COME TO LOVE!**

**August 15, 16, 17 & 18**

Popular Greek food and pastries, entertainment with bands, dancers and area music groups. Taverna, Frappes, Baklava ice cream sundaes. Kids' rides, games for all ages, magic shows, hair-braiding and tattoos! Marketplace with vendors from all over the USA and Greece.

Plan on great shopping for unique items and gifts.

**Grand Opening Ceremony on Thursday, August 15, 5:30pm**

**GRAND RAFFLE! DON'T MISS AN OPPORTUNITY TO WIN!**

1st Prize: \$10,000

2nd Prize: Ahee Signature Diamond Pendant, donated by Ahee Jewelers, valued at \$3,600

3rd Prize: \$500 / 4th, 5th and 6th Prizes: \$200

Drawing on August 18 at 6pm / Tickets: \$10 each

To purchase tickets and for more information, visit [www.assumptionfestival.com](http://www.assumptionfestival.com) or call (586) 779-6111.